

19307 E. Cataldo Avenue, Spokane Valley, WA 99016 • (509) 558-5400 • cvsd.org

Parent or Guardian of 4-12th Grade Students:

In 1988, the Washington State Legislature directed that a program of prevention education be presented annually to public school students beginning at grade 5 and continuing through grade 12. At each grade level, Central Valley School District offers programs developed with the assistance of parents, educators, medical experts, and community members. Please note: this is not new curriculum and topics covered for the 2019-20 school year are the same as what has been taught in previous years.

The annual meetings have been scheduled to provide an opportunity for parents to preview this program. Teachers may teach the curriculum anytime throughout the year, but many elementary teachers elect to wait until spring. Previewing the curriculum may also provide an opportunity for you and your student to have meaningful family discussions — both before and after the classroom presentation. Grade 4: Parents will also have an opportunity to review the Human Growth and Development program beginning in grade 4 at the same meetings. While the state of Washington requires parents to preview the HIV / AIDS curriculum before requesting exclusion for their child, preview is NOT required to exclude your student from the 4th grade Human Growth portion of this curriculum. Parents of students in grades 5-12 are required by state law to review curriculum before opting out.

DATES OF PARENT PREVIEWS FOR THE 2019-20 SCHOOL YEAR

Middle and High School		
Tuesday, October 22	Spokane Valley Learning Academy	6:00-7:30 p.m.
	1512 N. Barker Road	

Elementary School		
Tuesday, November 12	Spokane Valley Learning Academy 1512 N. Barker Road	6:00-7:30 p.m.

TOPICS COVERED BY GRADE LEVEL

Grade 4	Physical changes that occur in the body during puberty	
	Note: Boys and girls are separated for these lessons	
Grade 5	Growing up Girls, Growing up Boys, HIV/AIDS Overview, Abstinence and Refusal Skills	
	Note: Boys and girls are separated for these lessons	
Middle School	HIV/AIDS, Abstinence/Saying No, Birth Control Methods, Reproductive System, Pregnancy, and	
	Preventing STDs	
High School	HIV/AIDS, Abstinence, Birth Control Methods, Reproductive System, Pregnancy, Preventing	
	STDs, Communication and Decision Making, and Healthy Relationships	

Questions about the health education and HIV /AIDS prevention programs may be directed to Abby Frandsen at 558-5424 or afrandsen@cvsd.org.

We look forward to meeting you at the Parent Preview Evenings.